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Proceeding of the GARI LISBON MULTIDISCIPLINARY SYMPOSIUM

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About GARI

The Global Academic Research Institute (GARI) is an international scientific research conference organized in collaboration with international universities and institutions. GARI has brought together leading academic and industry experts from the global community who process diverse experiences and expertise in various scholarly or scientific disciplines. We established 2010 as an independent service provider then wider range of experience GARI became a powerful arm of scientific research conference organizer in the industry.

PREFACE

Global Academic Research Institute is proud to present the “GARI LISBON MULTIDISCIPLINARY SYMPOSIUM”, which is a series of successful research symposiums. The Inaugural Session and technical sessions were conducted on 23rd November 2025 at Turim Europa Hotel, Lisbon, Portugal. The conference was organized into different disciplines, and empirical, conceptual, and methodological papers were accepted from academics, practitioners, and public policymakers, paying close attention to the academic standards of the papers. To maintain consistency, authors were required to follow the academic writing format of the GARI Publishers. The reviewing process was transparent, where papers underwent a double-blinded review process by eminent subject specialists in their respective areas. Thus, refereed full papers selected to be presented at the conference were published here. We do not assume any responsibility for any errors or omissions in the research papers, which rest solely with the authors.

The organizing committee, special appreciation to the Keynote Speaker & Session Chair Prof Susana Catarina Sousa Machado (CIICESI, ESTG, Coimbra, Portugal Instituto Politécnico do Porto, Portugal) and Plenary Speaker Dr Felleng Yende (CEO at FP&M SETA, South Africa).

An International Academic Affiliation with Jagadguru Kripalu University - India, Department of Community Medicine, Mysore Medical College and Research Institute - India, International Federation for Fitness Health, Physical Education & Iron Games - Saudi Arabia, Australasian Institute of Ayurvedic Studies - Australia, Kathmandu School of Law – Nepal, Noble School of Business, India. Journal Partner as GARI Publishers and GARI International Journal of Multidisciplinary Research, all other GARI affiliated academic partners, Further the support given by GARI Tours as Travel partner, Official Creative Partner Sameera Arco & MICE official Partner Sri Lanka Convention Bureau. The conference committee expresses deep gratitude to the panel of reviewers for the priceless service rendered. Finally, the committee extends sincere thanks to the presenters and participants for their valuable contribution and active participation.

Conference Committee
GLMS 2025

GARI AFFILIATIONS

<< Couleur-Espace-Culture >> Association 1901 – France



Our Association aims to devote itself to the fields of art, architecture, urban planning to defend visual ecology and the harmony of colors in the environment. The different fields and domains concerned, the theoretical and methodological development as well as the practical bases of environmental projects, are at the center of the professional interest of the activities of the Association CEC Couleur-Espace-Culture.

Jagadguru Kripalu University - India



Jagadguru Shree Kripaluji Maharaj envisioned a university that not only provides quality education but also aims at all-round personality development of the students, turning them into leaders in their chosen fields. The faculty at JKU are experts in their respective fields, with an intense desire to teach and guide the students to success. Regular interactions with industry leaders and opportunities to be part of various conferences and seminars broaden the students' horizons.

Kathmandu School of Law – Nepal



Kathmandu School of Law, established in 2000 AD as an affiliate of Purbanchal University, is a community-based, non-profit academic institution that upholds its unrestrained commitment for a pragmatic, research-based and community responsive legal education in the

country. It was conceptualized within the ambit of non-profit movement dedicated to serve the need of an academically sound and functionally feasible legal education in Nepal.

Australasian Institute of Ayurvedic Studies – Australia



The Australasian Institute of Ayurvedic Studies is synonymous with quality and authentic education in Ayurveda. The Institute was founded in 1999 in Auckland, New Zealand and is proud to be the only training Institute in Australasia offering recognized Ayurvedic qualifications in both Australia and New Zealand.

International Federation for Fitness Health, Physical Education & Iron Games - Saudi Arabia



IFFPHPEIG was established in year 1995. It is one of the largest upcoming federation around the world. The Federation was established by the Honorary President Dr. Kaukab Azeem

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Founded in 1984 by our chairman Dr. Bandula Rathnasiri Piyarathna D.A.M.S, Beam Hela Osu Lanka Pvt Ltd has been a trusted name in Sri Lanka's pharmaceutical manufacturing industry for over four decades with our workforce of over 160 employees. With ISO and GMP certifications, the company upholds the highest quality standards in producing a diverse range of Ayurvedic medicinal products. Its portfolio includes Arishta, Asava, Guli, Kalka, Churna, Rasayana, oils, syrups, herbal teas, and balms - each crafted with a deep commitment to the rich traditions of Ayurveda, serving both local and international markets.

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Table of Contents

Scientific Team	12
1. elections During Wartime: Democratic Paradoxes and The Case of Ukraine	11
2. Cultural Circularity: Unseen Models of Fashion Longevity in Indian Households, an inspiration to global fashion systems	12
3. literacia Financeira Comportamental E Comportamento De Tomada De Decisão De Crédito: Os Papéis Mediadores Do Risco Percebido E Da Inclusão Financeira – Evidência Da Kaebauk Investimento E Finança, Sa Timor-Leste	13
4. Toward Integration: The New Change in The U.S. Maritime Security Strategy	14
5. The Impacts of Drone Technology on Global Security and Warfare	15
6. exploração Da Gastronomia E Turismo Na Ilha Do Atauro, Timor-Leste	16
7. Availability and type of advertising in digital food retail	17
8. Narrating Liberation Through Code: African Speculative Fiction in the Age of Digital Technology and Artificial Intelligence (AI)	18
9. Análise da Política Tributária e da Mobilização de Receitas Domésticas como um Esforço para Reduzir a Dependência dos Fundos Petrolíferos em Timor-LesteDesni Mariani Oematan	189
 Our Partners	 20
 Future Events	 21

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KEYNOTE SPEECH

“Religious Diversity in the Workplace: An Overview”

Prof Susana Catarina Sousa Machado

CIICESI, ESTG, Coimbra, Portugal Instituto Politécnico do Porto, Portugal

Professora Adjunta

Escola Superior de Tecnologia e Gestão do Instituto Politécnico do Porto

Researcher

Center for Research and Innovation in Business Sciences and Information Systems

Lecture

Oporto Polytechnic Institute - School of Management and Technology of Felgueiras

PLEANARY SPEECH

“Enhancing Public Sector Leadership in the Age of the 4th Industrial Revolution to Lead SETAs towards a Conceptual Framework”

Dr Felling Yende

CEO at FP&M SETA, South Africa

Doctor of Philosophy in Management of Technology and Innovation (PhD)

Executive Development Program - University of Cape Town (UCT)

Fibre Processing and Manufacturing SETA Chief Executive Officer & Chairperson

Association of SETA CEOs (ASCEO) Chairperson

Received the GOLD AWARD for FP&MSETA as the most outstanding SETA Africa's Most Influential Women in Business and Government

Received the Minister's (Dr Naledi Pandor) Award for Recognition of being the Most Outstanding Individual in Skills Development at the National Skills Authority Awards (2019)

ELECTIONS DURING WARTIME: DEMOCRATIC PARADOXES AND THE CASE OF UKRAINE

Roman Kyslenko

Ukraine

ABSTRACT

This paper examines the paradox of elections during wartime, focusing on Ukraine as a contemporary case study. Under normal democratic conditions, postponing elections is considered a deviation from constitutional order and a threat to political legitimacy. Yet, in times of full-scale war, the suspension of elections may itself become a democratic act — one that safeguards equality of participation, the right to vote, and the fairness of competition. The analysis employs a comparative approach, drawing on historical and contemporary examples: the United States during the Civil War, the United Kingdom in World War II, the global wave of election postponements during the COVID-19 pandemic, and recent practices in conflict-affected states in Africa and the Middle East. These cases highlight both the risks and the justifications of postponement, as well as their long-term impact on democratic resilience. Ukraine provides a unique lens for studying this dilemma. While a broad parliamentary consensus currently supports postponement until martial law is lifted, the debate about sequencing future elections — presidential, parliamentary, and local — raises critical questions about legitimacy, public trust, and political competition. The findings suggest that under exceptional conditions, postponement can be consistent with democracy if guided by constitutional safeguards, international law, and Council of Europe standards. However, postponement without clear criteria risks undermining democratic continuity and fostering authoritarian entrenchment. The paper concludes by offering a framework for distinguishing between necessary postponement and abuse, and for designing mechanisms that protect both national security and democratic legitimacy.

Keywords: Wartime elections, legitimacy, postponement

CULTURAL CIRCULARITY: UNSEEN MODELS OF FASHION LONGEVITY IN INDIAN HOUSEHOLDS, AN INSPIRATION TO GLOBAL FASHION SYSTEMS

Shalvi Ahirwar, Harichand P. U

NIFT Bhopal,

India

ABSTRACT

The fashion industry's transition towards circularity has largely focused on technological innovations and large-scale recycling systems. However, the cultural and emotional dimensions of garment longevity remain underexplored. This study examines Cultural Circularity—the often-overlooked, enduring practices of fashion longevity embedded within Indian households. Traditions such as repairing, altering, repurposing, and donating garments have enabled clothing to remain in active use for generations. The research addresses two key questions: (1) How does emotional durability in Indian households foster sustainable consumption patterns? and (2) How can these practices inform and inspire global fashion systems to adopt resilient circular models? Employing qualitative interviews, ethnographic observations, and an extensive literature review, the study reveals that emotional connections to clothing—rooted in memory, identity, and heritage—play a pivotal role in discouraging wasteful consumption and promoting care-driven behaviors. Findings suggest that these cultural practices serve as organic sustainability mechanisms, effectively reducing textile waste without dependence on industrial-scale interventions. Furthermore, they offer adaptable frameworks for global application, where emotional attachment can complement material recovery efforts to achieve genuinely sustainable consumption patterns. By reframing everyday clothing care traditions as strategic sustainability assets, this paper positions cultural circularity as a vital and transferable component in reimagining global fashion systems—bridging indigenous wisdom with international sustainability objectives.

LITERACIA FINANCEIRA COMPORTAMENTAL E COMPORTAMENTO DE TOMADA DE DECISÃO DE CRÉDITO: OS PAPÉIS MEDIADORES DO RISCO PERCEBIDO E DA INCLUSÃO FINANCEIRA – EVIDÊNCIA DA KAEBANK INVESTIMENTO E FINANÇA, SA TIMOR-LESTE

Aderito L. Monteiro, Dircia Jorge Da Costa Guterres, Estanislau de Sousa Saldanha

Gestão Financeira, School of Business and Management

Dili Institute of Technology (DIT), Timor-Leste

RESUMO

Este estudo investiga como a literacia financeira comportamental (BFL) influencia o comportamento de tomada de decisão de crédito (CDMB) e se o risco percebido (PR) e a inclusão financeira (FI) mediam essa ligação. Dados de inquérito de clientes da Kaebank Investimentu no Finansa (KIF) em Timor-Leste foram analisados usando PLS-SEM. Um instrumento validado e adaptado ao contexto mediu BFL (conhecimento, comportamento, atitudes, consciência de vieses, regulação emocional), PR (risco financeiro, de desempenho, psicológico), FI (acesso, utilização, qualidade, inclusividade, uso responsável) e CDMB (avaliação de risco, planeamento do empréstimo, disciplina de reembolso). As constatações indicam que a BFL é um preditor positivo robusto de CDMB e eleva o PR; a BFL também melhora a FI. O PR melhora o CDMB e medeia parcialmente a relação BFL→CDMB, sugerindo que a literacia opera principalmente aumentando a consciência do risco e encorajando o endividamento deliberado. A FI não apresenta efeito direto ou mediador significativo, implicando que o acesso sem capacidade não se traduz em melhor comportamento de crédito. O estudo clarifica percursos psicológicos (PR) versus estruturais (FI) no nexa literacia-comportamento e recomenda incorporar módulos de literacia comportamental e de consciencialização do risco na originação de crédito e em programas de inclusão, juntamente com medidas de proteção ao consumidor, para conter a inadimplência e fortalecer a resiliência das famílias.

Palavras-chave: literacia financeira comportamental; risco percebido; inclusão financeira; comportamento de tomada de decisão de crédito; PLS-SEM; microfinanças; Timor-Leste.

TOWARD INTEGRATION: THE NEW CHANGE IN THE U.S. MARITIME SECURITY STRATEGY

Mengmeng Wu

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Australia

ABSTRACT

In recent years, the U.S. has pursued a maritime security strategy centred on the “Reassertion of Maritime Dominance.” On December 17, 2020, the American Navy, Marine Corps, and Coast Guard jointly released “Advantage at Sea: Prevailing with Integrated All-Domain Naval Power”, presenting a shift toward integration in maritime strategy. This strategy seeks to counter competitors by integrating multidimensional resources across U.S. domestic institutions and allied systems. The paper observes the concept and evolution of this integrated strategy, seizing key driving factors such as historical continuity, strategic necessity, global power dynamics, technological advancement, climate change, and emerging threats. The strategy’s core themes can be perceived in the integration of national competencies, intelligence networks, and alliance power. Challenges to the implementation of this strategy lie in domestic political and economic constraints and conflicting interests with allies. The analysis further evaluates the strategy’s effects, including enhanced inter-domain coordination, refinement of security governance, and stronger deterrence capabilities. Looking forward, this paper forecasts developments in operational ideals, force deployment, and defence technologies. Finally, implications of this integrated strategy for rival states, allied networks, and the broader international order are assessed.

Keywords: Integration, U.S. Maritime Security Strategy, National Security Management

THE IMPACTS OF DRONE TECHNOLOGY ON GLOBAL SECURITY AND WARFARE

Hisham Alghamdi

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Hungary

ABSTRACT

Technological innovativeness, national security interests, and international competition remain influential in the global economy, military, and politics. Understandably, history has shown that the world has progressed exponentially from less to more sophisticated military capabilities, with the most recent development of Unmanned Aerial Vehicles. Previous scholarship has provided immeasurable insights applicable to understanding the prevalence and impacts of drone security and warfare. As most countries focus on improved efficiency in both economic and military aspects, it is understandable that technological innovativeness provides machinery for achieving such goals. As a result, the literature suggests that the effectiveness and efficiency of such equipment have paved the way for its application in global conflicts and security interventions such as the war on terror. Whilst implemented for the right reasons, drone warfare and security programs remain a debatable topic in ethical, legal, and humanistic contexts. For instance, changes in warfare practices and increased autonomy of equipment (associated with Artificial Intelligence) raise questions on whether such practices provide a viable and safe avenue for achieving international. In this study, the realistic research philosophy will guide the collection, presentation, interpretation, and analysis of information. A realism approach relies on facts independent from the mind to understand phenomena. . In that regard, the research will create awareness of the implications of drone security and warfare, influencing international politics and policymaking. The study will also provide several recommendations on how the international community can tackle the escalating problem of drone technology on international peace and security

EXPLORAÇÃO DA GASTRONOMIA E TURISMO NA ILHA DO ATAURO, TIMOR-LESTE

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RESUMO

Este estudo analisa o potencial do turismo gastronómico na Ilha do Atauro, destacando os locais, as comunidades e as suas tradições culinárias. O principal objetivo é compreender e promover a gastronomia típica de Atauro como um recurso estratégico para o desenvolvimento do turismo sustentável na ilha. A investigação recorreu a uma abordagem qualitativa para interpretar as percepções e experiências relacionadas com o turismo gastronómico. A recolha de dados foi realizada em Biqueli, um destino turístico de referência na ilha, através de entrevistas semi-estruturadas com 20 participantes-chave, entre proprietários e trabalhadores de restaurantes e bancas de comida local. A análise dos testemunhos permitiu identificar práticas, desafios e oportunidades no setor. Os resultados revelam que a gastronomia de Atauro apresenta inovações significativas baseadas na utilização de produtos locais, como o Iramutan, bem como na preservação de pratos tradicionais. A pesquisa conclui que a valorização e a melhoria das receitas locais podem fortalecer a identidade gastronómica de Atauro, aumentar a atratividade turística da ilha e contribuir para o desenvolvimento económico da comunidade.

Palavras-chave: Turismo gastronómico; Gastronomia local; Ilha do Atauro; Cultura alimentar; Identidade cultural; Património culinário

AVAILABILITY AND TYPE OF ADVERTISING IN DIGITAL FOOD RETAIL

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ABSTRACT

The present study aimed to evaluate the availability and type of food advertising in the digital retail environment of supermarkets. This is a cross-sectional study conducted in the cities of Belo Horizonte and São Paulo, with access to digital platforms carried out through the websites of the largest supermarket chains available in these two cities. The study assessed variables related to advertising strategies, marketing claims, sustainability appeals, the presence of nutritional information, and front-of-package labeling, in addition to classifying foods according to the NOVA system. Data collection followed the protocol of the International Network for Food and Obesity/NCDs Research, Monitoring and Action Support (INFORMAS) for monitoring supermarket e-commerce. The results revealed that the evaluated supermarkets adopted different advertising approaches to promote foods sold on their digital platforms, especially for ultra-processed foods. Moreover, the absence of nutritional information was prevalent among ultra-processed foods, which also showed the highest frequency of warning labels. Health and wellness, as well as sustainability claims, were also found to be more frequent among ultra-processed foods. It is concluded that digital supermarket retail favors the visibility and promotion of less healthy foods, representing a challenge for conscious food choices and the development of healthier food environments. The findings reinforce the need for clearer regulations and for the monitoring of advertising and nutritional practices in the digital environment, aiming to promote healthier food choices.

NARRATING LIBERATION THROUGH CODE: AFRICAN SPECULATIVE FICTION IN THE AGE OF DIGITAL TECHNOLOGY AND ARTIFICIAL INTELLIGENCE (AI)

Leon Bomela

University of Cape Town,

South Africa

ABSTRACT

Contemporary discourses on Artificial Intelligence (AI) are predominantly shaped by Euro-American techno-scientific paradigms that portray AI as universal, neutral, and inevitable. Such narratives erase the historical, cultural, and geopolitical contexts of AI's development, reinforcing digital colonialism and marginalizing epistemologies from the Global South. This project intervenes in these dominant frameworks by examining how African speculative fiction reimagines AI as a culturally situated and politically contested terrain. Focusing on Francis B. Nyamnjoh's *Digital Uprising: The Flower of Freedom in Mimboland* (2024) and Nnedi Okorafor's *Noor* (2021), and drawing theoretical grounding from Ngũgĩ wa Thiong'o's *Decolonising the Mind* (1986), the study explores how African literature reconceptualizes AI through localized epistemologies, narrative resistance, and decolonial technopolitics. Employing frameworks from Africanfuturism, decolonial AI studies, and the anthropology of technology, this work argues that these texts function as epistemological acts of defiance. Nyamnjoh's speculative novel integrates AI forms such as "LoveBots" and "Liquid Armies" within local political imaginaries, while Okorafor's Africanfuturist narrative embeds cybernetics in the lived experience of a disabled Nigerian woman to envision Afrocentric posthuman liberation. Both texts reconfigure AI not as a detached technological force, but as entangled with African storytelling, spiritual cosmologies, and socio-political struggles.

ANÁLISE DA POLÍTICA TRIBUTÁRIA E DA MOBILIZAÇÃO DE RECEITAS DOMÉSTICAS COMO UM ESFORÇO PARA REDUZIR A DEPENDÊNCIA DOS FUNDOS PETROLÍFEROS EM TIMOR-LESTE

Desni Mariani Oematan

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RESUMO

Este estudo analisa a eficácia da política fiscal e da mobilização das receitas internas como estratégias fundamentais para reduzir a dependência de Timor-Leste face ao Fundo Petrolífero. A economia timorense continua fortemente dependente das receitas provenientes do petróleo e do gás, que representam mais de 75% da receita nacional total, tornando o país vulnerável à volatilidade dos preços internacionais do petróleo e à diminuição das reservas petrolíferas. Recorrendo a uma abordagem descritivo-analítica e a métodos mistos, esta investigação baseia-se em dados secundários do Banco Central de Timor-Leste, do Ministério das Finanças, do FMI e do Banco Mundial, complementados por contributos qualitativos de especialistas em política fiscal. Os resultados indicam que, embora as receitas fiscais — particularmente o imposto sobre o rendimento e o imposto retido na fonte — tenham registado um aumento consistente de cerca de 12% em 2024, as receitas não fiscais diminuíram acentuadamente em cerca de 52%, evidenciando a limitada diversificação das fontes de receita pública. Os setores não petrolíferos, nomeadamente o comércio, a construção e o turismo, começaram a contribuir para o crescimento da receita, mas ainda de forma insuficiente para compensar a redução das receitas provenientes do petróleo. A análise demonstra igualmente que a implementação de reformas fiscais eficazes, o reforço institucional e a melhoria do cumprimento fiscal por parte dos contribuintes são essenciais para a expansão da base tributária interna. A longo prazo, a resiliência fiscal sustentável poderá ser alcançada através da reforma tributária contínua, do aumento da literacia financeira e fiscal e do investimento estratégico dos retornos do Fundo Petrolífero em setores produtivos não petrolíferos. Estas medidas são cruciais para alcançar a independência económica e garantir a sustentabilidade fiscal de Timor-Leste a longo prazo.

Palavras-chave: política fiscal, mobilização de receitas internas, fundo petrolífero, dependência fiscal, Timor-Leste

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